

WHERE CAN I BUY SPECIALTY CROPS ON NANTUCKET?

Find Our Farms!

Bartlett's Farm

33 Bartlett Farm Road
For Sale: Fruits, Vegetables, Flowers, Horticultural plants, Seedlings
Open 8AM-6PM daily; (508) 228-9403.



Faraway Farms

By appointment only,
farawayfarmers@gmail.com

Hummock Pond Farm
165 Hummock Pond Road
For Sale: Fruits, Vegetables, Compost Tea, Seedlings, Flowers.
(508) 228-5001.



Moors End Farm & Nantucket Mushrooms
40 Polpis Road
For Sale: Fruits, Vegetables, Seedlings, Flowers, Horticultural plants
Open 8AM-6PM daily; (508) 228-2674.

Pumpkin Pond Farm
25 Millbrook Road
For Sale: Fruits, Vegetables, Flowers, Horticultural plants.
Open Mon-Sat 8AM-4PM; Sun 10AM-3PM. (508) 332-4705.



And, you can find specialty crops (and more!) at the **Sustainable Nantucket Farmers & Artisans Market!** See inside flap for details.

SPECIALTY CROPS

This Awareness Campaign is Funded in part with Generous Grants and Contributions by:



Massachusetts Department of Agricultural Resources

The **Discover You Can Canning Education Program**



from Jarden Home Brands, Makers of Ball® Brand Fresh Preserving Products

And! Don't Forget to Attend our Workshop:
Preserving the Bounty: Fruits of Nantucket

- Taught by Mary Wawro
- Location: at her home kitchen
- Date: **July 31st**
- Time: 10AM to 1PM.
- Cost: \$45. Materials: \$15.

Register on the SN website or by calling the office.



Sustainable Nantucket is **cultivating a healthy Nantucket** by building a better local food system which in turn means a stronger economy for the island. These efforts include expanding agricultural production; increasing access to local food for the community, through our farmers market and in our restaurants, schools, hospital and other facilities; and educating our community about sustainability.

www.sustainablenantucket.org

(508) 228-3399

All Photos by Katie Kaizer Photography

Specialty Crops On Nantucket:

How to grow and preserve your own!



WHAT IS A SPECIALTY CROP?

- Most fruits and vegetables
- Tree nuts
- Dried fruits
- Horticulture and nursery crops



(including floriculture)
The USDA describes specialty crops as **plants that are intensively**

cultivated and require a higher degree of management. Specialty crops include almost **anything you would grow in your own home garden!** Planting and cultivating specialty crops is a great way to maintain biodiversity and a healthy local ecosystem.

SPECIALTY CROP CARE

- Know Your Soil!
- Nantucket's soil is quite sandy—which is actually great for **root vegetables**, like the potato and the carrot!
- Add **nutrient rich topsoil** and ensure your beds are draining properly.
- Due to Nantucket's long spring, the growth of **seedlings** is best if done in a greenhouse or cold frame.

Many of Nantucket's farmers and growers have seedlings for sale from their own greenhouses!

WHAT GROWS BEST ON NANTUCKET?

Specialty Crops **Native to Nantucket**

- Beach Plum
- Black Cherry
- Highbush Blueberry

Non-Natives that grow well on the Island

- | | |
|---------------|---------------|
| • Strawberry | • Cauliflower |
| • Melons | • Onions |
| • Pumpkin | • Peas |
| • Quince | • Potatoes |
| • Carrot | • Sweet Corn |
| • Spinach | • Eggplant |
| • Lettuce | • Garlic |
| • Kale | • Basil |
| • Green Beans | • Chives |
| • Beets | • Chamomile |
| • Tomatoes | • Oregano |



PRESERVE THE BOUNTY

Canning and pickling is the perfect way to preserve your garden's harvest! From jams and jellies to salsa, relishes, and pickles, the options are endless. And what you make...can keep for years!



Learn more about preserving and find specialty crops at the **Sustainable Nantucket Farmers & Artisans Market!**



- See a canning demonstration
- Pick up a **recipe brochure** and free samples of pectin
- Enter the raffle to win your own Home Canning Kit from Ball®

Attend our **Preserving Workshop!**

See back flap for details.



Saturday Market: June 11-October 15, located on North Union and Cambridge Streets, 9AM-1PM. (July 2 location: E. Chestnut St.)

New! Mid-Island Market: Tuesdays, July 12 - August 31, located at 113 Pleasant Street (next to Glidden's Seafood). 3:30PM-6:30PM.